

CURRICULUM VITAE

Professor László Halmy MD, PhD, DMSci

Personal data

Place of birth: Budapest
Date of birth: 1935. May 21. – 2013. April 11.
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Nationality: Hungarian

Professional functions:

2011- member of Hungarian Collegium of Internal Medicine
2009. president of the 2nd Central European Congress on Obesity
2008-2010. president of Metabolism Club, Aesculap Academy
2007. chair of the 15th European Congress on Obesity
2007- member of directory board, Hungarian Association of Balneology
2006- leader of Obesity Group of National Cardiovascular Prevention Program
2004-2007. member of directory board, Hungarian Scientific Society of Law Enforcement
2003- member of directory board, Working Group on Metabolism of the Hungarian Society of Cardiology
2001-2006. member of the Scientific Committee of the Ministry of Interiors, president of the Healthcare Section
2000- editor-in-chief, *Obesitologia Hungarica*
1999- founder president, Hungarian Society for the Study of Obesity
1997-1999. member of Interministerial Committee for Chemical Safety
1996-1997. president, Social Insurance Health Insurance Self-Government
1995-1996. member of directory board, Social Insurance Health Insurance Self-Government
1994-1995. member of Controlling Board of the Social Insurance Health Insurance Self-Government
1995-2007. founder president, Scientific Society of Social Insurance
1994-2000. member of directory board, Hungarian Society of Nutrition
1993- member of Nutritional Forum
1992. founder president, Hungarian Foundation Against of Obesity
1992- member of directory board, Hungarian Society of Hypertension
1992- member of the New York Academy of Sciences
1992. medical supervisor for UN UNTAC mission in Cambodia

Memberships in scientific societies:

Hungarian Society of Cardiology
Hungarian Society of Endocrinology and Metabolism
Honorary member, National Association of Hungarian Dietitians
Hungarian Society of Hypertension
Hungarian Society of Sportmedicine
Hungarian Society for the Study of Obesity
Hungarian Scientific Society of Law Enforcement
Hungarian Association of Balneology
Honorary member, Bulgarian Association for the Study of Obesity and Related Diseases

Awards:**Ministry of Interior's:**

Excellent Immigration Officer (1973.)
Golden Medal of Public Security (1979.)
Medal for the Service of the State (1981.)
10-year Medal for Service (1982.)
15-year Medal for Service (1990.)
12-year Medal for Service (1990.)
25-year Medal for Service (1997.)
30-year Medal for Service (2002.)
Golden Ring of the Republic (1995.)
Medal for Scientific Research and Organisation(2004.)
Ministerial Dagger of Honor for Scientific Research (2005.)
Medical brigadier general (2005.)

Civilian:

Professional Award for Outstanding Social Responsibility (2012)
László Mosonyi Award (2012)
Award for Healthy Life (2012)
Bezeredi Award, Golden grade (2009)
Medal József Soós (2009)
Oeuvre Prize, Hungarian Society for the Study of Obesity (2005)
Pro Universitate et Scientia (World Commette of Hungarian Professors) 2005
Medal Ferenc Tangl (2000)
Medal from Primary Prevention Forum (1999)
Memorial Plaquette St. Kristóf (1996)
Award for Peace-keeping, UN Police Mission in Cambodia (1995)
Plaquette István Kibédi Mátyus (1993)
Markusovszky diplom (1975)
Silver Grade for Red Cross Activities (1963)
First prize-winner of Kalokagathia Award for good student good sportsman (Kossuth High Shool) (1952)

Foundations, development of new scientific programs, organizations:

1. education of 27 leaders, heads of hospital or ministry departments, chiefs of Health Care Services, international researchers
2. establishment of the concept and science of obesitology. Organisation of 61 congresses and conferences, conference meetings, establishment of scientific journal, definition of professional protocols, organisation of national epidemiology program, elaboration of laic organisations, national club net, scientific propaganda and advising in two national communication programs
3. development:
 - steroid chemistry laboratory (1968.)
 - National Program Central Research Group (1970.)
 - radio-immuno-assay laboratory (1973.)
 - department of cardiology, metabolism and rheumatology (1990.)
 - initiation of medical scientific research and its organisational form in the Services of Law Enforcement

- Hungarian Policemen Study for the regular health control of the personnel of the organisations of the Ministry of Interiors
- Hungarian Fit Policemen Study for regular screening of the personnel of the Police
- complex screening program for the central personnel of the Ministry of Interiors (ophthalmology, orthopedics, osteoporosis, hypertension, body composition, glucose tolerance)
- analysis of 72.265 serum lipid values from health services in the Ministry of Interiors

Activities on the relevant fields:

- 10-year retrospectiv study of the personnel of the Police Headquarters in Budapest (1980)
- initiation and direction of the medical screening in the police headquarters (1980)
- initiation of the physical and psychological screening of the professional personnel
- inititation of medical scientific research and its organisational form in the Services of Law Enforcement
- analysis of the medical records of the professional personnel from 1997 and 1998 (1999)
- organisation of the screening of the central personnel of the Minstry of Interiors and analysis of the data (2000)
- analysis of the 2001 physical survey of the professional personnel (2002)
- analysis of the medical records of the professional personnel from 2002 and 2003 (2004)

Laboratory works:

- 1973-1984.** radio-immuno-assay, enzimmimmuno-assay
- 1968-1972.** thin layer chromatography

Places of work:

- 2007-** Platon Health Services Ltd., **medical director**
- 2006-2007.** Cardiometabolic Centre, **leader**
- 2004-2010.** SCOUT, **national leader**
- 2003-2007.** Division of Hypertension and Fat-metabolism Disorders, Central Hospital of the Ministry of Interiors, **head of division**, and **coordinator** of Epidemiology Survey in the Ministry of Interiors and relating institutes
- 1999-2003.** Department of Medical Coordination, Ministry of Interiors **assistant director, head of department**
- 1997-1999.** Medical Service, Ministry of Interiors, **director**
- 1989-1997.** 5th Department of Internal Medicine, Central Hospital of the Ministry of Interiors, **head of department**
- 1984-1988.** Addis-Abeba (Ethiopia) Black Lion Hospital **Visiting professor**
- 1972-1984.** **Head of the 1st Medical Department** of the Otto Korvin Hospital of the Ministry of Interiors
- 1971-1972.** **Assistant professor** at the 4th Department of Medicine in the Postgraduate Medical Institute
- 1968-1971.** **scholarship holder** from the Hungarian Academy of Sciences
- 1961-1968.** **Assistant** at the 4th Department of Medicine in the Postgraduate Medical Institute

Scientific education:

Direction of 5 aspirants (PhD)
Semmelweis Medical University PhD program leader
1973-1983 education of medical students
1974-1983 education of dietitians

Titles:

1982 professor honorary
1976 docent honorary

Highest education:

1959. Medical University Budapest
School of Medicine

Scientific degree:

DMSc doctor of medical sciences, Hungarian Academy of Sciences, 1986
PhD Hungarian Academy of Sciences, 1972

Specialisation:

1965. Internal Medicine
1989. Tropical Diseases
1998. Hypertension, honoris causa, Hungarian Society of Hypertension
2002. Public Administration
2002. Lipidology, honoris causa, Hungarian Society of Atherosclerosis
2004. European SCOPE Fellow, European Association for the Study of Obesity

Scientific areas:

obesity, endocrinology, hepatology, neuroendocrinology, hypertension,
lipidology, epidemiology

Presentations: 592

Publications: 430

Index of citations: 108

Impact factor: 11, 366

Number of articles in PubMed: 45

7 April, 2015.